

# **CAAC Kids Club Charter**

## **For Under 17 Year Old Members**

### **Club Charter**

#### **CAAC shall:**

- Endeavour to ensure that all our junior members have the opportunity to enjoy athletics in an environment free from threat of discrimination, harassment, victimisation, intimidation and abuse.
- Provide a high standard of athletic instruction and training in a safe, secure, fair and enjoyable environment, and uphold the requirements of child protection legislation.
- Provide competitive opportunities for all our junior members.
- Promote lifelong positive values and qualities in our junior members.
- Communicate regularly, either by email or website, relevant news and current and future main activities.

### **Parent Charter**

#### **PARENTS shall:**

- Ensure that my child and any other athletes for whom I am responsible are left safely in the care of the CAAC coaches and not left/collected outwith the club training facilities.
- Ensure that my child regularly attends the club training sessions. The aim should be a minimum of 3 sessions per month for those who only attend one night per week and a minimum of 6 sessions per month for those who attend two nights per week.
- Ensure that my child arrives and is collected promptly for training sessions.
- Ensure that my child arrives suitably equipped (i.e. training shoes, shorts, t-shirt, tracksuit or joggers/hoodie, cagoule, water bottle, etc) for the session he/she is about to participate in.
- Advise the relevant coach in advance of any non-attendance at training sessions or competitions.
- Liaise with the relevant coach if my child is ill, unfit or injured.
- Advise the relevant coach of any medication that my child is taking which may affect ability to train or performance.
- Contact my child's coach by email or text in advance to arrange a suitable time to meet before or after a training session when I wish to discuss my child's progress or any aspects of his or her training or participation in Club activities.
- Not dispute selection for events or officiating decision or result at a competition.
- Actively support the Club with its efforts to ensure the smooth running of the Club (i.e. at fund raising events, parent helpers rota, transport to events, etc).
- Uphold the good name of Corstorphine Athletics Club and never bring the Club or the sport into disrepute.
- Display respectful attitudes, not use inappropriate language or be abusive or offensive to coaching staff, athletes, competitors from other clubs, meet officials, venue staff, other parents or the public during training sessions, competitions or any other CAAC activity.
- Regularly check email, website and newsletters for up to date information.
- Ensure that membership fees, training dues and other related expenses are kept up-to-date.
- Ensure that the club always has my up-to-date contact details.

# **Athletes Charter**

## **Athletes shall:**

- Arrive regularly and promptly for sessions, with appropriate kit ready to train.
- At all times be respectful to coaches, helpers, officials and other athletes and show respect to the venues that we use and the staff within them.
- Be attentive at all times to the CAAC coaching staff and comply with their requests.
- Not play with or handle athletics equipment unless permitted to do so by CAAC coaching staff.
- Encourage and support team-mates in all club related situations.
- Display a positive and enthusiastic attitude and show commitment and responsibility for training.
- Regularly participate in competitive events and always give my best in every event.
- Not use vulgar, derogatory or obscene language when at Club sessions or competitions or when otherwise representing the club.
- Not participate in discrimination, harassment, victimisation, intimidation or bullying of any other individuals including CAAC athletes or athletes from other clubs.
- Not use the internet or other social media to post inappropriate photos, images or comments about myself, team-mates, other athletes, coaches, officials, the Club or the sport.
- Not use my mobile phone during training sessions or in changing rooms, toilets or showers. Not take or send objectionable photos or images. Not use my mobile phone in personal attacks, to harass others or to post private information about others.